

“Which helmets work for ice skating?”

A hockey, skateboard or ski helmet (multi-sport) will be suitable during beginning ice skating lessons. These helmets are designed to withstand more than one moderate impact, but protection is provided for only a limited number of impacts. They should be replaced if visibly damaged, as per manufacturer’s instructions.”

Susi Wehrli, U.S. Figure Skating Senior Director of Membership
Rink Magazine, May/June 2009



Altell Ice Den teaching stops in a Basic 1 group lesson.

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